

THE VILLAGE VIEW

The Village Retirement Community

Hemet, CA



Get On The Swim!

January 2012

“Time Flies When You’re Having Fun!”

It seems like it was just yesterday that we were anticipating the new millennium, Y2K, and now it’s already 2012. It was a fairly big deal for our family to experience the turn of the century and it’s amazing just how fast the last 12 years have flown by. Since the year 2000



I have watched my two children grow from youngsters into young adults with their own careers and also celebrated my 25th wedding anniversary. The well-known saying, “Time flies when you’re having fun” certainly stands true.

The amazing thing is these family milestones all happened without my aging a single year. Don’t laugh, because that’s exactly how it feels in my mind. I know I’m not alone with this thinking. As adults we tend to visualize ourselves younger than we actually are. And this is a good thing...it keeps us young at heart! With countless opportunities to stay socially connected and physically active, most Village residents embrace the “I don’t feel my age” mentality as well. If we don’t constantly remind ourselves we’re growing older we may just forget. And again, this is a good thing.

We hope you’ll visit or revisit **The Village** soon and experience the warmth and vitality that surrounds our active community. We wish everyone a happy, healthy and “young at heart” New Year!

A handwritten signature in black ink, appearing to read 'Valerie Machain'.

Valerie Machain
Executive Director

Resident Viewpoint *Ed and Frances Carter*

Born in CA, Ed graduated from The Colorado School of Mines, where his diploma was actually etched in silver. He took a position in South America working with the copper mines. Returning to the States after the Depression, Ed found little mining



work available and began a 31-year career with Lockheed in L.A. He married and decided to build his own home from hand made adobe brick. “I thought a house made of dirt would be cheap to build”, laughs Ed, “But I found quite the opposite to be true.” He later sold the home, but it still stands strong to this day.

Born in Norfolk VA to a Navy family, Frances came through the Panama Canal when she was five years old, bound for Long Beach. A brief marriage left Frances alone with a young daughter. She worked hard to put herself through nursing school and became a school nurse for the Paramount and Montebello School Districts, where she would retire after 31 years.

Frances retired to Idyllwild and met Ed and his wife when they moved to the house behind her. They became good friends, and kept in touch after Ed and his wife moved to Hemet. Five years after losing his wife, Ed visited Frances and their friendship quickly grew to romance. They married “spur of the moment” while on a road trip to AZ, sold both their homes and moved to Seven Hills in Hemet.

A year ago Frances and Ed moved to **The Avillage** and recently celebrated their 10th wedding anniversary. “We’re living well, secure, and still feel like newlyweds”, smiles Frances, “And I’ll be 90 next year and Ed turns 100. Life just keeps getting better.”

A Charge for 2012:

Take time to stop and smell the roses...



We're serious. It may sound a bit corny and like a giant cliché but it will be well worth the few moments it takes. We tend to hurry through the paths of life and often forget to appreciate the simple treasures. So next time you see a rose garden or any other fragrant display of flora, take the time to fully appreciate its beauty. Stop for a moment to breathe in the beautiful aroma (note: please gently shake the stem as to not surprise a bee. A sting to the nose will certainly ruin the peaceful moment. Just saying...) and enjoy the lovely display. It's good for the soul, relaxes our bodies, and is beneficial to our overall health. Let this be a gentle reminder to all of us for the New Year.

"Enjoy life... it has an expiration date."



Welcome to T “Swimsuit

Sports Illustrated magazine that can run a swimsuit edition of its own very own version as well.

our residents at the water featuring them in our January models! They had fun with clearly shines



The Village offers water aerobics in our outdoor heated pool. Two separate sessions at 7:30am and 10:30am take residents through a strengthening exercise workout, residents will get the heart



In addition, the pool is open for freestyle swimming or simply relaxing on a warm summer afternoon. We invite your family or guests to join us in this place to relax with a good book or a drink in a deckside

“Jump in, the

The Village View

Special Edition!"

It isn't the only publication
Special Edition! Yes, we can have our
Special Edition. We had a lot of fun telling
about our exercise class that we were
in the January edition...as swimsuit
enthusiasts with it and their enthusiasm
in this section.

Exercise classes year 'round in
Three days a week, in two
at 8:00am and 9:00am, instructors
lead a series of stretching and
exercises. After an invigorating
workout, we generally finish up relaxing in
the heated spa.

Open the rest of the day for
simply cooling off during the
months. Residents often invite
family members and it's also a great
place to read a book and a cold beverage
in a lounge chair.

"The water's fine!"



Happy, Healthy New Year Luncheon

Please Join Us For

Chef Hugo's Special Spa Cuisine

Thursday, January 26th at 10:30 am

Experience Healthy, *Delicious*
Village Dining!

Reservations Are Required

951-658-3369

Presentation and Model Tour Included

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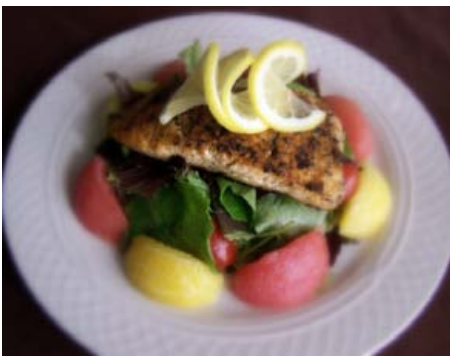
With So Many Choices For Active Retirement Living,

Why Choose The Village?

(We're so glad you asked!)

- Financially Secure Debt-Free Community
- Affordable Monthly Service Fees Begin at \$1,890
- History of Lowest Monthly Service Fee Increases
 - Original Owners for Over Twenty-Two Years
- Platinum Reputation for Services and Amenities
- Voted Best Retirement Community for Five Years
 - **Medicare Rated Five-Star HealthCare Center**
With Skilled Nursing and Assisted Living
 - Warm and Friendly "Family of Friends"

Please Visit Us Soon and Experience Our Village Life*style!*





Everyone Loves a Petting Zoo!

What could be better than a petting zoo that comes to you? A trainer from Animal Ambassadors of Fallbrook recently brought a variety of animals for Village residents to “meet and greet” in our Pavilion. The pint-size animals included a ferret, baby fox, hedgehog, tortoise and chinchilla. The trainer walked around and gave everyone a chance to pet the furry, scaly or prickly coats and shells. The ferret was hilarious because he was sound asleep in his carrier and took awhile to wake up. So the trainer simply walked him around like a limp rag doll until he was fully awake from his nap. It was a very informative and fun afternoon.





Active, Independent Retirement Community

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Happy New Year!

Spa Cuisine Luncheon
Thursday, January 26, 2012

Visit Us At www.thevillagehemet.com



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